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**Ariele  
Brasil**  
Associação de  
Psicossocioanálise



**OPUS**  
An Organisation for Promoting  
Understanding of Society

## **WORKSHOP**

### **LISTENING POST INTERNATIONAL: A LABORATORY METHODOLOGY FOR THE EXPLORATION OF A NEW IDEA OF GLOBAL CITIZENSHIP**

Convenors: Elisabetta Pasini (Ariele), Rob Stuart (OPUS)

The Listening Post methodology was born in OPUS at the end of the 70s as an ongoing research to explore dynamics of change in society, and subsequently developed and standardized to constitute an international network.

Listening Posts (LP) are regular meetings that take a 'snapshot' of society at a particular moment in time. They explore the idea that a small group, when studying the behaviour of the wider social system that is society, will unconsciously express some of the characteristics of society and that these are discernible from the themes and patterns emerging from the discussion. This method of exploring the underlying dynamics in society is without parallel as a piece of social science research, with data now available from over 30 countries around the world.

Since 2011 Ariele takes part to the OPUS International Listening Post Project, convening at least once a year LP sessions in Milan in order to observe the conscious and unconscious dynamics of change and the socio-cultural trends of development.

LP is therefore a relevant contribute to the understanding of what is happening in a certain particular moment in society, through the sharing of experiences, thoughts and reflections of the participants in their role of "reflective citizens".

Since the beginning of 2020 the International Listening Post (ILP) is held online, which allows the sharing of cross-cultural experiences face to the global pandemia and to develop a new idea of "global citizenship", without borders.

In the workshop we will present a quick overview of the methodology and of the most relevant findings of the last Global Report, which will be amplified in the discussion with all the participants.

Materials about LP and the Global Report will be shared in advance; further experience of participation to LP sessions is welcomed but not necessarily required.

#### **Elisabetta pasini**

Jungian Psychoanalyst trained at the Jung Institute for Analytical Psychology in Zurich, with a significant international experience on leadership, change, innovation and creativity she has got in more of 15 years of working in different countries (UK, Switzerland, Spain, US, Latin America, Dubai).

She works as PDE (Personal Development Elective) Analyst at IMD Business School di Losanna, using active methodologies like Listening Post, Social Dreaming, Active Imagination, Self Experience for the development of groups and individuals.

Author of *Carisma, il segreto del leader*, Garzanti 2009, she is member of Ariele (Italian Association of Psychosocioanalysis) and Opus (Organisation for the Promotion of Social Understanding).

#### **Rob Stuart**

is a Psychodynamic Counsellor registered with the British Psychoanalytic Council. He trained at Birkbeck College, University of London and worked as an Honorary Psychotherapist in the National Health Service before establishing a private practice in East London. Rob is a Director of OPUS – An Organisation for Promoting Understanding of Society and is responsible for the Listening Post. He has a keen interest in politics, society and nature and is an active member of Extinction Rebellion.